

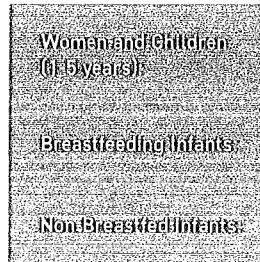


GROWING HEALTHY FAMILIES

ALL CAREGIVERS ARE WELCOME

WIC is for anyone with child dependents, including parents, grandparents, foster parents, and stepparents, as well as parents who are pregnant, postpartum, or suffering the loss of a recent pregnancy.

WIC OFFERS FREE, NUTRITIOUS FOODS



Whole Wheat Bread, Tortillas, Cereal, Milk, Eggs, Yogurt, Tofu, Cheese, Juice, Peanut Butter, Beans, Fruits and Vegetables

Infant Cereal and Jarred Infant Meats, Fruits and Vegetables

Formula, Infant Cereal and Jarred Infant Fruits and Vegetables



WIC STAFF CARE AND SUPPORT YOU BY OFFERING

Nutrition and breastfeeding tips, recipes, and connections to health care providers and other community programs.



WIC IS FOR ALL TYPES OF FAMILIES

WIC does not require proof of citizenship or immigration status. Check out our income guidelines and contact us today!

July 1, 2025 - June 30, 2026

Family Size

Weekly	Monthly	Yearly
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1 \$557 \$2,413 \$28,953

2 \$753 \$3,261 \$39,128

3 \$949 \$4,109 \$49,303

4 \$1,144 \$4,957 \$59,478

5 \$1,340 \$5,805 \$69,653

6 \$1,536 \$6,653 \$79,828

For each additional family member add:

\$196 \$848 \$10,175

TO FIND A WIC CLINIC NEAR YOU:



bit.ly/WICOfficeLocator or call the automated office locator line:
1-800 323-4769 (voice)
1-866-295-6817 (TTY)

This institution is an equal opportunity provider.